

## MVS 110: Homework #1

1. Give two (2) reasons why the can stays balanced on its edge.
2. Sketch the can balancing on its edge and indicate the important components of balance. *Hint:* make sure your drawing has the can balancing! (5pts)
3. Select a pose which you can maintain for at least 30 seconds.
  1. Make a sketch of this pose (a stick figure will suffice). (2pts)
  2. Indicate on your drawing the important components of balance (draw and label). (3pts)
  3. Describe 2 reasons why this pose is stable/unstable. (2pts)

### Please:

- make sure the drawings take up at least 1/3 of the page
- use a ruler for straight lines
- staple sheets together
- write your name in the top right corner of the first sheet of paper
- messy homeworks will not be accepted!



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